

# VILLA CREST

NURSING AND RETIREMENT CENTER

1276 Hanover Street • Manchester, NH 03104  
(603) 622-3262 • [www.villacrestcommunity.com](http://www.villacrestcommunity.com)

November 2016

## Villa Crest View



# Activities

### Entertainment - Choices Restaurant

11/2 2pm	Marlena Sings
11/4 7pm	Happy Hour
11/9 2pm	Class Act
11/10 2pm	Elliot Singers
11/10 6:30pm	Fiddlers Loft
11/13 2pm	Peter Ole
11/15 2pm	John D'Ambrosio
11/16 2pm	Doug Rickard
11/18 7pm	Happy Hour
11/23 2pm	Maggie's Girls
11/30 2pm	Rich Araldi

### Outings

11/4 10am	10 Pin Bowling
11/7 11am	Tuckaway Tavern
11/14 1:15pm	Kmart Shopping
11/18 10am	Bowling
11/21 11am	Tap House Grill
11/28 1:15pm	Ocean State Job

### Thanksgiving Favorites Across the Nation

If you look at the dinner tables across the country at Thanksgiving, it's unlikely you'll find any two feasts that are exactly the same. Every family has its own traditions, but many homes in the same region enjoy similar holiday dishes year after year. Here are a few trends:

*Offerings from the ocean.* Historians believe shellfish were abundant at the original Thanksgiving feast, and the tradition continues today in several regions. In New England, mussels are a popular side dish, as is oyster stuffing (a favorite in the South, too). And you just might find green bean salad with octopus on a holiday table in Hawaii.

*Corn of plenty.* Many New England tables feature corn on the cob as a nod to the first (Continued Page 2)



Mellissa Kimble was named LNA of the Year on October 21, 2016. Mellissa was also chosen as the National HealthCare Corporation Northeast Regional LNA of the Year.



LNAs prepare to attend LNA of the Year Banquet, October 21st.

### Veterans Day Celebration

Residents and family members are invited to a Veterans Day service of celebration and thanks which will be held at 2pm on November 11th in the front of the building, (Weather Permitting). For more information, contact Holly VanLaarhoven, at extension 509.



### Thanksgiving Buffet

Reservations are being accepted for the Thanksgiving Day Buffet in CHOICES Restaurant.

Due to limited space, only three guests per resident may be accommodated. Reservations may be made by contacting the Receptionist. Thank you.



## Renovations

Villa Crest Nursing and Retirement Center is in the midst of renovations which include the replacement of wall coverings, carpeting, draperies, and artwork. Disruptions from this process are being kept to a minimum and staff are grateful for the understanding of residents, families, and guests.

Unfortunately, the Annual Holiday Open House will have to be postponed until spring. At that time, families and guests will be invited to celebrate the coming of spring and the new, updated look throughout the center. Thank you for your ongoing patience as this process continues.



# Happy Birthday



### Resident Birthdays

- 11/11 Beverly Kearns
- 11/15 Donald Brown
- 11/17 Angelyn Christon
- 11/19 "Betty" Olga Chenoweth
- 11/20 Helene Hicks
- 11/20 Scott Chase
- 11/24 Albert Hoffman
- 11/24 Norma Fleury
- 11/25 Theresa Pratt
- 11/29 Helen Pilch

### Partner Birthdays

- 11/01 Denise Metcalf, LNA
- 11/03 Nicole Fastnacht, LNA
- 11/04 Jennifer LaMontagne, LNA
- 11/06 James Rollins, LPN
- 11/07 Marie Belanger, LNA
- 11/07 Oneta Lates, LPN
- 11/08 Amanda Sanchez, LNA
- 11/09 Elizabeth Eames, Hskpr
- 11/15 Holly Bosinger, LNA
- 11/16 Tammy Seligman, LPN
- 11/17 Vicki Karageorgos, LNA
- 11/18 Leta Weber, Receptionist
- 11/20 Emile Camire, Cook
- 11/24 Marie Jacques, LNA
- 11/24 Khadi Sheriff, LPN
- 11/28 Kathy O'Hara, RD
- 11/29 Lois Baughcum, Hskpr
- 11/29 Alexis Spargo, LNA



Team NHC- Villa Crest

Team Villa Crest raised \$5652.17 for the 2016 Walk To End Alzheimer's. Sincere thanks to the partners and family members who purchased T-shirts, donated money, and participated in the September Walk.

The battle to defeat Alzheimer's Disease never ends and donations will continue to be accepted by Sarah McEvoy, Administrator.

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Thanksgiving, while corn casserole or corn pudding is commonly found in the Midwest.

*A berry good idea.* While jellied cranberry sauce from a can remains popular throughout the country, homemade versions take on distinguishing characteristics: Northeast is home to cranberry relish with citrus peel, and cranberry salad can be found in the South and Midwest.

*Praiseworthy pies.* Leave plenty of room on your plate for pie—nearly every region has its own specialty. Pumpkin pie is popular in nearly every state, but in the South, sweet potato pie is king. Apple pie and Concord grape pie are enjoyed in the Northeast, and a Michigan dessert table isn't complete without cherry pie.



## Kelly Ayotte Visits Villas Crest



Amy Herrick, Clinical Nutritionist

### Partner Profile

Amy Herrick, Clinical Dietitian, has been a Villa Crest Nursing and Retirement Center partner for one year. During that time she has worked hard to get to know the residents and ensure that the food service staff have an accurate list of each resident's food preferences. Amy has also spent time talking to residents during and after meals to get feedback on the quality of the food, the appropriateness of temperatures, and suggestions for better presentation and preparation.

Amy and her husband have been married for twenty-one years. They have three children and a yellow lab named Misty. Amy enjoys kayaking, cross-country skiing, and hiking. She spends the summer months outdoors and in her garden. She is interested in learning more about growing herbs and about their health benefits.



## Medicaid Rules

Each year the New Hampshire Bar Association publishes a booklet entitled, "Guide for New Hampshire Residents Seeking Medicaid Coverage for Nursing Home Care." The guide is helpful for residents thinking about financial assistance. Topics include; disqualifying asset transfers, trusts, income and asset rules, as well as rules for married recipients.

The guide is accessible on the Internet at [www.nhbar.org](http://www.nhbar.org). Copies are also available by contacting Linda Lezy or Sarah McEvoy. For information concerning Medicaid services at home, Choices for Independence, contact ServiceLink at 1-866-634-9412.



## ...Get to Know Your Neighbor ...



Loretta Morin

Loretta Morin was born in Quebec, Canada. When she was an infant, she and her family moved to Manchester, New Hampshire. Loretta graduated from Manchester Central High School. She attended Houle's Beauty Academy.

Loretta and her husband Eugene Morin, were married in 1947 and have 2 girls; Denise and Camille. Loretta worked as a hairdresser for many years then assisted her husband with their family business; Open Air Market. They sold fresh fruits, vegetables and flowers. Loretta and Eugene enjoyed their retirement by traveling extensively to many countries in Europe, including Greece, England, and France.

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