

# VILLA CREST

NURSING AND RETIREMENT CENTER

1276 Hanover Street • Manchester, NH 03104  
(603) 622-3262 • [www.villacrestcommunity.com](http://www.villacrestcommunity.com)

## Villa Crest View

August 2016

### Spotlight on Alzheimer's

#### What Will YOU Do to FIGHT Alzheimer's Disease?

National HealthCare Corporation (NHC), Murfreesboro, Tennessee, the parent company of Villa Crest Nursing and Retirement Center, is a Gold Level National Sponsor of the Walk to End Alzheimer's Disease. The 2016 NHC national fundraising goal is \$500,000.

It's time for the Villa Crest family to join the cause and everyone needs to help. A Villa Crest Alzheimer Walk committee is forming now for the Manchester, New Hampshire walk on Saturday, September 24th in Arms Park. Last year the Villa Crest team raised approximately \$1,200.

directing friends and family to make donations on the Villa Crest team website.

- Share your Alzheimer's story in the September edition of the Villa Crest View.
- Sign up to purchase a "Don't Stop Believing We Can End Alzheimer's" T-Shirt for \$20 (\$10 will be a donation to the team fund).

For more information or to volunteer to support the Villa Crest Team, please contact Kary Bijeol, Team Captain, at ext. 534 or Sarah McEvoy, Administrator at ext. 503.



#### - Camp Villa Crest -

Annual Villa Crest Summer Barbecue  
August 18th @ 5:30pm  
Come enjoy a fun filled evening of music, games and delicious food.  
RSVP by August 8th to the Receptionist.



This year the goal is \$5,000!

Here is a list of ways residents and family members can help:

- Join the committee and help to plan fundraising opportunities and events.
- Register as a member of the Villa Crest team.
- Solicit support of our team on your Facebook page



Roland with a reminder on behalf of all residents to PLEASE drive slowly!

#### Used Tennis Balls Needed

Donations of used tennis balls are being sought for resident walkers. The placement of tennis balls helps walkers glide on a variety of surfaces and keeps the rubber tips free from debris. Please contact Nicole Cloutier, LPN, ext 519 to donate tennis balls.



## Your Opinion

Residents and families have heard the call for feedback and have returned almost 30% of the customer satisfaction surveys distributed by My InnerView and National Research Corporation based in Lincoln, Nebraska. The increased feedback allows center partners to get good information about needed service improvements.

Submitting customer satisfaction surveys is one way to share an opinion. Residents are also encouraged to attend monthly council meetings, place comments in the suggestion box, or to speak directly to a partner with any concern.

A recent survey comment read, "My mother loves the staff and I'm happy she's there, great center."

Thank you for taking the time to share your opinion!



# Happy Birthday

### Resident Birthdays

- 08/01 Jeannine Peloquin
- 08/02 Pauline Dube
- 08/04 Jeannine Simoneau
- 08/07 Jeanne Woodberry
- 08/09 Rene Poirier
- 08/14 Rino Sanchioni
- 08/19 Nicholas Statires
- 08/19 Melpomene Tsamparlis
- 08/25 Elsie Demayo
- 08/26 Rachel Petchell
- 08/26 Marie MacDonald

### Partner Birthdays

- 8/3 Neisje Maquire, LNA
- 8/6 Linda Plourde, LPN
- 8/6 Nelson Marwanga, Dietary
- 8/9 Wesley McIntosh, Dietary
- 8/12 Marie Rumore, LNA
- 8/12 Selma Jusufovic, Dietary
- 8/13 Holly Pierce, LNA
- 8/15 Marlene Dalton, LNA
- 8/17 Debbie Belanger, Business Off
- 8/17 Mubera Hasic, LNA
- 8/19 Jennifer Gray, Social Service
- 8/19 Yolanda Shimer, LNA
- 8/22 Kim Durant, LNA
- 8/27 Amber Zbink, Dietary
- 8/31 Karolina Kajasa, Dietary
- 8/31 Nerdina Selimovic, RN

- 08/27 Paul Peloquin
- 08/27 Francine Saad
- 08/27 Barbara Cirincione
- 08/28 Doris Bourque
- 08/29 Irene McGlone
- 08/29 Lorraine Forstal

# Activities

### Entertainment

- 8/2 ..... 2pm- John D' Ambrosio
- 8/3 ..... 2pm - Don Smith
- 8/7 ..... 2pm - Joyce and Mr. R
- 8/10 ..... 2pm - Stan, Jr.
- 8/12 ..... 7pm - Happy Hour

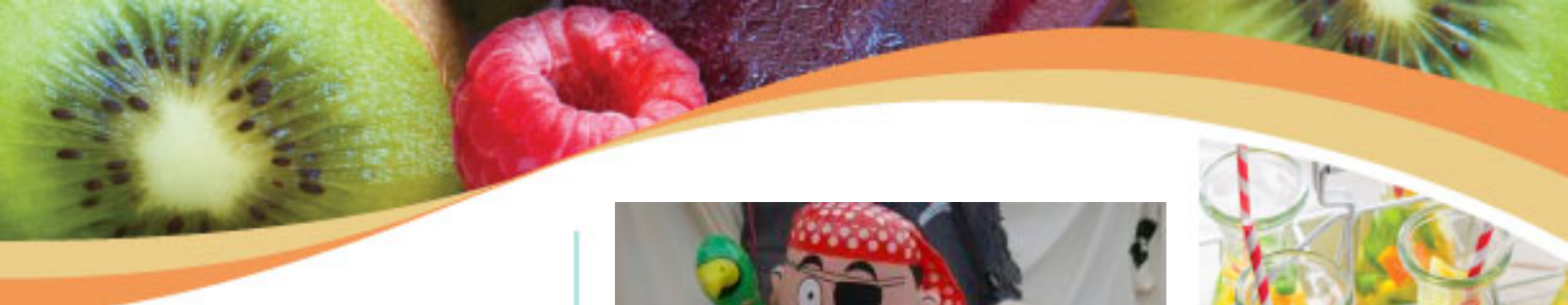
- 8/17 2pm ..... Music with Ron Jovi
- 8/21 2pm ..... Musica with Peter Ole
- 8/24 2pm ..... Music with Marelena
- 8/26 7pm ..... Barber Shop Quartet
- 8/31 2pm ..... Richard King

### Outings

- 8/1 ..... Shopping at Kmart
- 8/5 ..... 10 Pin Bowling
- 8/8 ..... Ice Cream at the Lake
- 8/12 ..... Lunch at the Pines
- 8/15 ..... Mall of NH - Shopping
- 8/18 ..... 5pm-8pm Annual BBQ
- 8/19 ..... Lakeside Lanes Bowling
- 8/22 ..... Lunch at Cracker Barrel
- 8/26 ..... Ice Cream at the Lake
- 8/29 ..... The Butterfly Place







### Partner Profile

Erin Steffens, Physical Therapist and Director of Rehabilitation, has been a Villa Crest partner for 7 years. Erin and her husband, Leo, have 2 children and several pets. She is pictured above with her therapy dog, Maggie.

Erin received her Master's Degree and Doctorate in Physical Therapy from the University of Massachusetts at Lowell. She is a professional ski instructor and enjoys bringing the sport to people of all abilities.

Erin is also interested in wellness for seniors. She believes that strong bones and muscles can help decrease pain, improve balance, and increase quality of life.



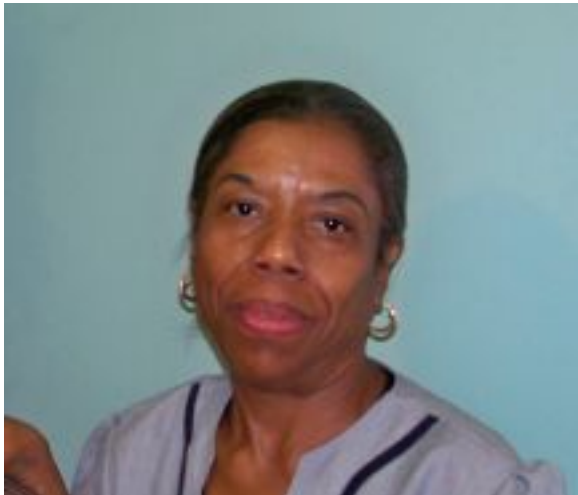
Linda Plourde, LPN

## From the Desk of...

### Sarah McEvoy, Administrator

Many of you know Linda Plourde, LPN, and Rose Mesidor, Laundry Aide. Linda & Rose will retire in August and together they have over 30 years of service. Please join me in wishing Linda & Rose all the best in retirement.

I'd also like to share that during the summer months, I take Fridays off. I am available by cell phone and leave the number in my voice mail message at ext. 503. I continue to work every other Sunday and hope to see you at Camp Villa Crest on August 18th.



Rose Mesidor, Laundry Aide



## Summer Fun!



## ... Get to Know Your Neighbor ...



Gervaise Gosselin

"Gerry" Gervaise Gosselin was born in Quebec, Canada. She attended Catholic schools. Gerry was married to her husband Florent in 1950 and the couple had four children. They enjoyed playing cards with friends, dancing, and vacationing throughout New England and Canada. Her current leisure activities include bingo, shopping, listening to music, and dining out with other residents and friends. Gerry says "I am so thankful that I was able to stay home and raise my children. My husband was a wonderful provider and I miss him dearly."

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