



VILLA CREST

NURSING AND RETIREMENT CENTER

1276 Hanover Street • Manchester, NH 03104
(603) 622-3262 • www.villacrestcommunity.com

April 2017

Villa Crest View

Entertainment

- 4/5 2pm Ronnie Chase
- 4/9 2pm Bob Rutherford
- 4/12 2pm Stan, Jr.
- 4/14 7pm Happy Hour
with music by Jackie
- 4/19 2pm Ramblin Richard
- 4/23 2pm Don Smith
- 4/26 2pm Jim Hollis
- 4/28 7pm Happy Hour
with music by Josef



Out & About

Outings

- 4/3 11am- Lunch @ LongHorn
- 4/7 10am- Ten Pin Bowling
- 4/10 1pm- Walmart Shopping
- 4/18 11am- Lunch @ Pasquales
- 4/21 10am- Bowling @ Park Plc
- 4/24 1pm- Dollar Tree Trip



Spring is in the air and everyone feels like dancing and singing!

Spotlight on Alzheimer's

Springtime in Paris

Last year the effort to raise funds in support of the fight against Alzheimer's Disease was very successful. Many residents and families participated in Pasta Night. Springtime in Paris is the kickoff of the 2017 effort.

Residents and families are invited to purchase a ticket for a special night of food, music, fun, and fundraising. On April 26th, the center will transform into a springtime evening in Paris. Watch for more information coming soon and get ready to kick start the Villa Crest Nursing and Retirement Center 2017 campaign to fight Alzheimer's Disease.



Everyone is Irish on St. Patrick's Day!

Memorial Service

Please join us in a time of remembrance.

April 20, 2017, at 7pm
Light refreshments will be served



Erin & Adrienne in St. Patrick's cheer!



R.O.M.E.O.

The R.O.M.E.O.s are expanding! The ROMEOS started out as "Men's Group," but changed their name with the help of Robert Waddell, former Villa Crest Administrator in Training. ROMEOS or **Retired Old Men Eating Out** meet at least one evening a month. The ROMEOS decide on a meal they would like to enjoy, they pick the restaurant to cater the meal, and they gather together to enjoy it as **Retired Old Men Eating Out**.

The newest addition to the ROMEIO club is Mike Elliott. Mike does maintenance work on the evening shift and is now supporting the ROMEIOs each month. Check the monthly recreation calendar for the next ROMEIO event or contact the Recreation Department to volunteer. Remember, gentlemen only, please!



Happy Birthday

Resident Birthdays

04/03	Gaetane Guillemette
04/07	Beverly Miller
04/11	Daniel Chauvin
04/17	Arthur Hamel
04/18	Susan Kunian
04/19	Helen Pieton
04/23	Theresa Dowd
04/29	Marjorie Dugas

Partner Birthdays

04/02	Thomas Houle, LNA
04/05	Angela Lapointe, Hskpr

04/06	Marjorie Gardner, Hskpr
04/06	Melissa Garrard, LNA
04/07	Cristin Fellows, LNA
04/07	Helen Daneault, LNA
04/07	Holly VanLaarhoven, Rec
04/08	Delfine Ondieki, RN
04/08	Joan Parent, Hskpr
04/08	Marsha Pariseau, LPN
04/09	Mellissa Kimble, LNA
04/12	Stella Dhliwayo, LPN
04/15	Nicole Bergeron, LPN
04/15	Shirley Lubrano, LPN
04/16	Victoria Westbrook, LNA
04/17	Rejoice Dhliwayo, LNA
04/21	Nancy Dearborn, HIM
04/21	Tiffany Ladew, LPN
04/23	Olya Wecks, LPN
04/24	Rosalie Dick, RN



Palliative Care

Palliative care is making headlines. In the March 18th edition of the New Hampshire Union Leader, the front page article discussed the impact of palliative care on elders who are faced with difficult diagnoses. But just what is palliative care? Simply put, palliative care is the treatment and relief of physical and mental pain without curing the cause. It is often used for people with terminal diagnoses but can also be helpful for chronic conditions.

Palliative care seeks to treat the body, mind, and spirit in a very holistic way. Patients receive care that comforts and eases pain from conditions that can no longer be cured.

Villa Crest Nursing and Retirement Center is pleased to partner with palliative care physicians who provide supportive services to the residents. Those physicians include: Charles Mills, M.D., and Anica Naprta, M.D. For more information about palliative care services, please contact the Social Work Department.





Thank You

National Healthcare Volunteer Week - April 10th - 16th

The Villa Crest Volunteer Program is coordinated by the Recreation Department. Judy Hastings carefully recruits and trains interested volunteers. Candidates come from all walks of life and all age groups. Volunteers assist with many duties and programs. Some host BINGO and rosary, others accompany residents on trips or provide soothing music. Residents also volunteer within the center. Some serve on committees and run council meetings, while others arrange the dining room flowers weekly.

For more information on how to volunteer, please contact Judy at extension 509.

Sincere thanks to the partners, residents and volunteers who serve so selflessly.



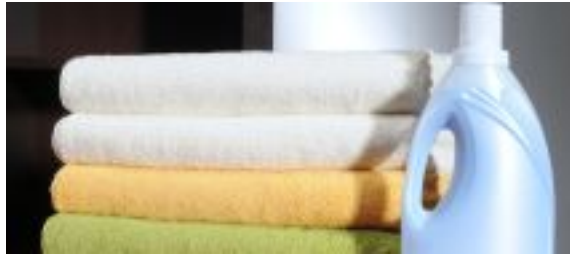
Volunteer Appreciation Party

April 21, 2017

2pm

Choices Restaurant

Residents, partners and families are encouraged to attend.



Tips From the Laundry Department

Ever wonder what it is like to wash linens and personal clothing for 155 people? The Laundry Department has some tips that will help ensure clothing is well taken care of and returned to residents' rooms quickly.

The Laundry is open from 5 a.m. until 2 p.m., seven days a week, and laundry partners welcome questions and suggestions. The telephone extension is 531.

All personal clothing is inventoried and labeled. Computer-generated labels are applied by the laundry team and new clothing should be brought to the laundry prior to being hung in the closet or placed in a drawer. Lost articles are frequently found among unlabeled clothing in the laundry room.

If items are lost, contact an LNA or Laundry Partner right away. It may take several steps to recover lost items, and the faster the search begins, the easier items are to find. The number one reason for lost articles: unlabeled items.

Linens and personal clothing are washed in very high temperatures. This can be hard on clothing made from delicate fabrics. The Laundry Team encourages durable, easy-to-wash items and discourages wool and hand-wash articles.

The goal is to keep resident clothing clean, neat, and in good condition while providing prompt, top-notch service. For more information, please contact Jeff Miller, Director of Environmental Services.



-IMPORTANT-

The Right to Privacy

According to HHS.gov, the HIPAA Privacy Rule establishes national standards to protect individuals' medical records and other personal health information. The Rule requires appropriate safeguards to protect the privacy of personal health information, and sets limits and conditions on the uses and disclosures that may be made of such information without patient authorization.

Villa Crest is requesting the cooperation of families and guests to extend this privacy right to photographs and videos. Any photographs or videos other than those of immediate family are not permitted.

For more information, please contact Sarah McEvoy, Administrator.

...Get to Know Your Neighbor...



Stanley Shepherd

Stanley Shepherd was born in Houlton, Maine. He studied podiatry at Temple University, but graduated from Ricker College in 1949.

In 1962, Stanley met Joyce and the couple was married. They have one son, Scott. The Shepherd family lived in Caribou, Maine, where Stan worked at Beckett Furniture. In 1967, they moved to Manchester, New Hampshire, and Stan started work at Hillsborough Furniture. After the furniture business, Stan became credit manager at Manchester Gas Company. He retired from that position with 25 years of service.

Stanley and Joyce travelled extensively throughout Europe. Their favorite places include the South of France, Italy, Ireland and Turkey. Stanley enjoyed playing golf and basketball. His current hobbies are watching movies and he enjoys spending time with his wife.

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