



1276 Hanover Street • Manchester, NH 03104
 (603) 622-3262 • www.villacrestcommunity.com

Villa Crest View

April 2019



Activities

Excursions

- 4/8 1pm- Walmart Shopping
- 4/9 11am- Lunch @ Gordo's
- 4/16 1pm- Bowling/Merrimack
- 4/22 11am- Lunch @ Olive Grd
- 4/23 1pm- Christmas Tree Shp
- 4/29 1pm- Dairy Queen

Musical Entertainment

- 4/3 2pm - Jackie Lee
- 4/10 2pm - Stan, Jr.
- 4/17 2pm - Jim Hollis
- 4/19 2pm - Jean & Bluegrass
- 4/24 2pm - Ramblin' Richard



Happy Hour

Please join us for Happy Hour!

- Friday 4/12 at 7pm
Music by Ronnie Chase
- Friday 4/26 at 7pm
Music by Joseph Nocera



Mellissa Kimble, LNA and
Jessica Cahoon, LNA



Feathering Their Nests

Constructing a cozy nest for their eggs is a springtime rite that many birds are now undertaking. The most common type is the classic cup-shaped nest. Experts say birds take several days to gather and skillfully weave together twigs, grass, cobwebs, mud and other materials they find to build these intricate structures.



Memorial Service

Please Join Us
for a time
of reflection and memory
of past Villa Crest residents.

April 11, 2019
7:00 pm

Light refreshments will be served.

Laugh for Health

Go ahead and engage in a funny, friendly prank on April Fools' Day. A good belly laugh has been proven to elevate mood, reduce pain and boost immunity.

Find us on

A Little Rain Must Fall

"The way I see it, if you want the rainbow, you gotta put up with the rain." —Dolly Parton



Trivia Whiz

Right as Rain

Don't let April showers dampen your enthusiasm to learn all about rain!

Each minute, 1 billion tons of rain falls on the Earth.

Nimbostratus and cumulonimbus are the two most common types of rain clouds.

Falling at an average speed of 14 mph and from an average cloud height of 2,500 feet, a raindrop takes about two minutes to hit the ground.

Grass looks greener after a shower because rain contains nitrogen, which is a natural fertilizer.

Scientists have studied fossilized raindrop imprints in 2.7 billion-year-old rock formed from volcanic ash.

In hot, dry regions, rain sometimes evaporates before it hits the ground. The scientific term for this is virga, but it is also commonly called "phantom rain."

Happy Birthday



Partner Birthdays

- 4/2 Tom Houle, LNA
- 4/5 Angela Lapointe, Housekeeper
- 4/6 Marge Gardner, Housekeeper
- 4/6 Melissa Garrard, LNA
- 4/7 Cristin Fellows, LNA
- 4/7 Helen Daneault, LNA
- 4/8 Adijat Bolasere, LNA
- 4/8 Joan Parent, Housekeeper
- 4/8 Marissa Lievens, LNA
- 4/9 Mellissa Kimble, LNA
- 4/12 Stella Dhliwayo, RN
- 4/13 Jane Karanja, RN

- 4/15 Doris Fournier
- 4/15 Shirley Lubrano, LPN
- 4/17 Rejoice Dhliwayo, LNA
- 4/19 Brittany Hamilton, LNA
- 4/21 April Evans, Dietary
- 4/21 Nancy Dearborn, HIM
- 4/24 Rosalie Dick, RN
- 4/26 Christine Cresci, LNA

Resident Birthdays

- 4/3 Lucille Deblois
- 4/5 Rita Anderson
- 4/11 Daniel Chauvin
- 4/13 Barbara Castellani
- 4/19 Emile Tremblay
- 4/23 Theresa Dowd
- 4/27 Gloria Oudens
- 4/28 Timothy Cronin



Happy Birthday to the Song

The famous "Happy Birthday" melody was composed by Mildred J. Hills, a schoolteacher born on June 27, 1859. However, the first lyrics were not the well-known "Happy Birthday to you" lyrics, but "Good Morning to You," a classroom greeting to the teacher. The "Happy Birthday" lyrics came about in 1924.



George Deziel celebrated his 90th Birthday at Villa Crest Nursing & Retirement Center with family and friends.





Flourish of Flowers

Whether it's tulips, daffodils or azaleas, each April, from coast to coast, folks celebrate the flowers of spring. In some places, multi-day festivals have blossomed around their arrival. Washington's Skagit Valley is famous for its 300 acres of brightly colored tulip fields. More than half a million yellow daffodils are the center of attention in Meriden, Conn., and Wilmington, N.C., showcases its lush gardens of azaleas.

As the snow melts, the warm spring weather will awaken all the beautiful perennial flowers in the North Courtyard at Villa Crest Nursing & Retirement Center. We anticipate re-opening this area as soon as the weather allows.

my Patient RIGHTS

You have the right to participate in social, religious and community activities of your choice.

RSA : XIII

The resident shall be free to participate in activities of any social, religious and community groups, unless to do so would infringe upon the rights of other residents.

For more information on Resident Rights, please contact the Social Services Department.



Twice a year, the New Hampshire Bar Association publishes a booklet entitled, *"Guide for New Hampshire Residents Seeking Medicaid Coverage for Nursing Home Care."* The guide is helpful for residents thinking about financial assistance. Topics include disqualifying asset transfers, trusts, income and asset rules, as well as rules for married recipients.

The guide is accessible on the Internet at www.nhbar.org. Copies are also available by contacting Cynthia Peterson in the business office. For information concerning Medicaid services at home, Choices for Independence, contact ServiceLink at 1-866-634-9412.



Wit & Wisdom

"Humor is such a wonderful thing, helping you realize what a fool you are but how beautiful that is at the same time."
—Lynda Barry

"I realize that humor isn't for everyone. It's only for people who want to have fun, enjoy life, and feel alive."
—Anne Wilson Schaef

"A person without a sense of humor is like a wagon without springs. It's jolted by every pebble on the road."
—Henry Ward Beecher

"Like a welcome summer rain, humor may suddenly cleanse and cool the earth, the air, and you."
—Langston Hughes

"It is the ability to take a joke, not make one, that proves you have a sense of humor."
—Max Eastman

... Get to Know Your Neighbor ...



Sally Mueller

Sally Mueller was born and raised in Owosso, Michigan. Growing up, she had a passion for reading. During the summer, she would relax under an apple tree reading, and during the winter she enjoyed relaxing with a good book cozied up next to the fireplace. She also enjoyed writing short stories. Shortly after graduating high school, she married her husband, Richard Mueller, in 1958. Together, they had four children. She attended college and became a nursery school teacher for ten years. She transitioned to a teacher's aide and then to a neonatal unit in a local hospital. Sally and her husband enjoyed singing in the choir at church and has always enjoyed listening to gospel music. Her husband passed away shortly before they celebrated their 60th wedding anniversary. Sally enjoys shopping on Amazon, and watching television and movies. She enjoys looking at her variety of wall clocks she has acquired, and is always exploring opportunities to grow her collection. Please stop in and check it out.

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