



1276 Hanover Street • Manchester, NH 03104
(603) 622-3262 • www.villacrestcommunity.com

Villa Crest View

February 2019

Activities

Musical Entertainment

- 2/6 2pm - Stan, Jr.
- 2/13 2pm- Joseph Nocera
- 2/20 2pm - Jim Hollis
- 2/22 2pm - Ronnie Chase
- 2/27 2pm - Dave Andrews

Excursions

- 2/4 1pm - Walmart Shopping
- 2/11 1pm - Bowling/Merrimack
- 2/12 11am - Lunch at 99's
- 02/19 1pm- Shop@ Dollar Tree
- 02/25 11am -Lunch @ H Grail



Please Join Us for
Happy Hour
February 8th at 7pm
Come enjoy musical
entertainment by:
Billy Jean & Bluegrass Buddies



Debbie Belanger, Accounts Payable, and
Candace Laroche, Staffing Coordinator.

A Focus on Friends

Valentine's Day is all about romantic love in many countries, but Finland has a unique take on the holiday. The Finnish celebrate Friendship Day on Feb. 14 by giving cards and small gifts to friends and family as well as sweethearts.





-IMPORTANT-

Your Rights as A Resident

RSA 151:21 XVI

You Have The Right to be Free from Discrimination.

Residents will not be denied appropriate care on the basis of race, religion, color, national origin, sex, age, disability, marital status, sexual orientation or source of payment.



Ageless Adage

“A heart that loves is always young.” — Greek proverb



Resident Birthdays

02/03	John Parker
02/05	Stella Hewitt
02/07	Debra Durand
02/13	Claire Corriveau
02/16	Carol Charest
02/20	Bertha Lawrence
02/20	Mary Dunbar
02/20	Irene Dulac
02/27	Lorraine Gagnon
02/28	John O’Neil
02/29	Marion Marcoux

Spiritual Corner

Worship Services

Villa Crest Nursing & Retirement Center is a nondenominational center that offers a variety of worship opportunities. The following services are offered in the center for residents with a particular preference: Catholic Mass, Baptist and Methodist worship services.

In addition to these worship services, Rosary is held each Wednesday and a nondenominational Bible study called Praise & Prayer is offered on Wednesday.

Partner Birthdays

02/01	Sofia Fofana, LNA
02/05	Alina Panait, Dietary
02/05	Milarosa McMaster, LPN
02/05	Tyler Huff, Maintenance
02/06	Susan Herr, Receptionist
02/08	Nancy Ainslie, Hskpr
02/13	Madeline Kew, Dietary
02/15	Jacqueline Waniski, LNA
02/18	Jean Paquin, LNA
02/18	Marc Arroyo, Jr., Dietary
02/21	Brenda Lehman, Recreation
02/23	Brandi Eastland, LNA
02/23	Doris Neal, Dietary
02/28	John Sullivan, LNA



Hand-Washing Reminder

With cold and flu here, please remember that washing your hands frequently is important to help prevent the spread of germs. Lather your hands with plenty of soap and scrub for 20 seconds. Let’s all do our part to stay healthy this season!

eat right Academy of Nutrition and Dietetics
NATIONAL NUTRITION MONTH
 MARCH 2019
www.eatright.org
 #NationalNutritionMonth

March Is National Nutrition Month

During National Nutrition Month, residents, partners and families will be given several opportunities to discover a variety of healthy foods. Stay tuned for more information about this special week.



Drive Safe

Just a reminder, to please be mindful of the new traffic pattern around the center. New direction signs have been installed. This is for the winter months only and allows for more efficient snow removal. Please contact Tyler Huff, Maintenance Director, at ext 525 with any questions.



Love Your Pet Day

February 20th is Love Your Pet Day. Pets are always welcome at Villa Crest. Please remember pets must remain leashed, crated, or caged at all times while visiting, and pet waste needs to be cleaned up promptly. Please avoid using the courtyard grass area for pet relief. Pets are not allowed in any area where meals are being served. (This does not apply to service animals)



Resident Lucy enjoyed spending time with Hazel. Hazel often spends most of her days with residents or in the office of Donna Hannon, Director of Nursing.



Wit & Wisdom

“Use what talents you possess; the woods would be very silent if no birds sang there except those that sang best.”
 —Henry Van Dyke

“I would like to be remembered as someone who did the best she could with the talent she had.”
 —J.K. Rowling

“We are told that talent creates its own opportunities. But it sometimes seems that intense desire creates not only its own opportunities but its own talents.”
 —Eric Hoffer

“Above everything else I’ve done, I’ve always said I’ve had more guts than I’ve got talent.”
 —Dolly Parton

“It is the combination of reasonable talent and the ability to keep going in the face of defeat that leads to success.”
 —Martin Seligman

... Get to Know Your Neighbor ...



"Gert" Gertrude Corriveau

Gertrude Corriveau, prefers be called "Gert," was born and raised in Berlin, New Hampshire. Gert moved to Manchester, New Hampshire, at the age of eighteen. She was employed at the U.S. Rubber Company. During her employment, she met her husband, and they were married in 1948. They were married for twenty three years until his passing at the age of forty-three.

Gert and her husband enjoyed ballroom dancing at the Carousel Club with their many friends. Gert and her husband loved to entertain and always found time to get together with friends.

Gert has always loved to travel to Florida, although her favorite trip was to Hawaii with her best friend.

Gert had many hobbies, including biking, ice skating and bowling. Her bowling group was called "The Alley Cats." She was also involved in a club called "The Night Steppers," which was a group that spent three nights a week walking for exercise. Gert loved to hike and would go on trails with her friends. One of her most memorable hiking trips was the day she and four friends hiked to the top of Franconia Notch.

Gert joined the Assisted Living Community at Villa Crest in June 2018. She enjoys all the musical entertainment and bingo. She loves socializing with all of the new friends she has made.

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