



1276 Hanover Street • Manchester, NH 03104
(603) 622-3262 • www.villacrestcommunity.com

Villa Crest View

September 2018

Activities

Outings

- 9/10 1pm-Christmas Tree Shop
- 9/11 11am-Lunch at 99's
- 9/18 1pm -Macs Apples
- 9/24 1pm -Walmart
- 9/25 11am -Lunch LaCaretta

Musical Entertainment

- 9/5 1:45pm - Don Smith
- 9/12 2pm - Jan Rosen
- 9/14 7pm- Happy Hr
- 9/19 2pm - Ronnie Chase
- 9/28 7pm- Happy Hr
- 9/26 2pm - Terri Collins

Happy Grandparents Day!

We want to wish a happy Grandparents Day to all the grandmothers and grandfathers in our community! The bond between a grandparent and grandchild is like no other.



Licensed Nursing Assistants to Be Honored

Each year Villa Crest Nursing & Retirement Center selects seven premier Licensed Nursing Assistants (LNAs) to be honored. The 2018 finalists are Suzanne Rivard, Kathy Camire, Jennifer LaMontage, Muber Hasic, Maggie Vrevic, Alexa Laroche and Marie Jacques. One of these nominees will be chosen to represent Villa Crest as the LNA of the Year at the annual LNA banquet hosted by National

Healthcare Corporation (NHC).



Steve Marchand and Mike Ryan



Political candidates are encouraged to visit with residents. See page three for pictures from a recent visit.



- MEDICARE -



New Medicare Cards Have Begun to Arrive!

Your Medicare card shows that you have Medicare health insurance. It shows whether you have Part A (Hospital Insurance), Part B (Medical Insurance) or both, and it shows the date your coverage starts.

Please be sure to provide the Villa Crest business office with a copy of your new card as soon as it arrives! Please contact Cynthia Peterson at 603-606-7518 with any questions about these new cards.

Find us on 



Happy Birthday



Resident Birthdays

- 9/01 Eleanor Girouard
- 9/02 James Todd
- 9/04 "J.B." Judith Simonds
- 9/05 Jeanne Schoolcraft
- 9/07 Fred Powers
- 9/10 Rachel Chauvin
- 9/12 Edward Mailloux
- 9/16 Alice Robak
- 9/16 Doris Corriveau
- 9/17 Joseph Kearns
- 9/20 Elsie Bergeron
- 9/21 Ellen Adams

- 9/24 Claire Tatulis
- 9/26 Gervaise Gosselin

Partner Birthdays

- 9/06 Sarah Brooks, Rehab Asst
- 9/08 Edward Goulet, Housekeeping
- 9/08 Jessica Cahoon, LNA
- 9/12 Suzanne Rivard, LNA
- 9/16 Samiha Divanefendic, LNA
- 9/17 Thokozile Dhliwayo, LNA
- 9/18 Maggie Vrevic, LNA
- 9/24 Jon Reed, Cook
- 9/24 Judith Gamache, LNA
- 9/25 Courtney Kuehn, LNA
- 9/27 Daisha Maxham, LNA
- 9/28 Melissa Rossman, LPN
- 9/30 Daniel Fuller, Dietary

Celebrating Centenarians

Healthy lifestyles and better medical care are leading to more Americans celebrating the centennial mark. According to the latest statistics, there are more than 72,000 people age 100 or older living in the U.S. Predictions estimate the number of centenarians will surge to 3 million worldwide by 2050.

Villa Crest Nursing & Retirement Center has 5 residents who are proudly part of this elite club.

- Solange Beaudette - Age 100
- Bertha Lawrence - Age 101
- Rachel Petchel - Age 102
- Georgette Guerin Age 103
- Helen Pilch - Age 103

Helen Pilch will celebrate her 104th Birthday in November. (Photo on Right)





New Hampshire Gubernatorial Candidate, Steve Marchand, and District 4 Executive Council, Garth Corriveau, stopped by to visit with the residents of Villa Crest Nursing & Retirement Center.



Garth Corriveau and Pauline Dube



Steve Marchand and Frank Koziatek



-IMPORTANT-

Your Rights as A Resident

RSA 151:21 IX

You have the right to be free from chemical and physical restraint.

The resident shall be free from chemical and physical restraint except when they are authorized in writing by a physician for a specific and limited time necessary to protect the resident or others from injury. In an emergency,

restraints may be authorized by the designated professional staff member in order to protect the resident and others from injury. The staff member must promptly report such action to the physician and document same in the medical record.

Positive Thought

“Life is a great big canvas, and you should throw all the paint on it you can.”
—Danny Kaye

Join Villa Crest in the Fight Against Alzheimer's Disease

National HealthCare Corporation (NHC), the parent company of Villa Crest Nursing & Retirement Center, is a Gold Level National sponsor of the 2018 Walk To End Alzheimer's. This event is being held in Manchester, New Hampshire, on September 22, 2018.

Please consider joining the Villa Crest Team or making a donation. Here is a list of ways residents and family members can help us support this important event.

- Solicit support of our team on your Facebook page by directing friends and family to make a donation on the Villa Crest team website.
- Share your Alzheimer's story in the October edition of the Villa Crest View.
- Sign up to purchase a 2018 "Break On Through For A Cure" T-shirt for \$15.00.

For more information or to support the Villa Crest Team, please contact Kary Bijeol, Team Captain, at (603) 606-7534 or via email at kbijeol@villacresthealthcare.com

... Get to Know Your Neighbor ...



Michael Ryan

Michael Ryan was born and raised in New York. He graduated from high school and enrolled in college at the State University of New York - New Paltz. He majored in mathematics education. Upon his graduation, he taught middle school math while attending graduate school at NYU to major in counselor education.

Mike got married in 1968 to his wife Fran and has 3 sons and 10 grandchildren. Mike and his family moved to Derry, NH, where he worked as a guidance counselor for 7 years in the Merrimack school system.

Needing a change of pace, Mike left teaching and worked as a manufacturing supervisor. He went back to teaching for Pelham High School for 20 years, 11 of those years teaching math and the other nine as the director of guidance. After his 20 years working at Pelham High School, Mike retired.

Mike enjoyed spending summers in the NH lakes region with his family. Some of Mike's other hobbies were umpiring high school and college games. Currently Mike enjoys reading, spending time outside, attending musical entertainment and playing bridge.

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Manchester, NH 03104

Phone: (603) 622-3262

Fax: (603) 626-0239

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